Memory Verse OF THE WEEK

"AND YOU WILL KNOW THE TRUTH, AND THE TRUTH WILL **SET YOU FREE.**"

John 8:32



Wednesdays, 8:00 am HCM website or Facebook page

Tuesday Journaling on Zoom 8:00 am Tuesdays HCM website - Click the blue video icon

APRIL 19-25, 2020

✓CHECK WHEN COMPLETED!

Something to Chew On

One of the worst things we can feel is that of shame. It's that horrible feeling of guilt and failure, where we don't measure up. The truth is whatever we love determines our shame. If we love how we would like man to honor us and the opposite happens, we feel ashamed. So how do we not feel ashamed? Instead of wanting man to honor us, we desire for man to instead honor Christ in us. That is why Paul can say in Philippians 1:20, "For I fully expect and hope that I will never be ashamed, but that I will continue to be bold for Christ, as I have been in the past. And I trust that my life will bring honor to Christ, whether I live or die." When we can take the focus off of ourselves, our insecurities, our mess ups, and onto living bolding for Jesus, then we will not fall into the trap of shame. For it is all about God, not us.

READ GENESIS 25

What Essau said struck me in verse 32, "Look, I'm dying of starvation!" said Esau. "What good is my birthright to me now?" It made me ask, how often do we give in so easily to temporary satisfaction and forgo the permanent? Or that we rationalize away the greater purpose by taking the path of least resistance. It's important to keep the eternal perspective in our forefront, storing up treasure in heaven.

READ GENESIS 26

For a time, Isaac moved around because others were jealous of him and disputed him. But wherever he went, he built an altar and a well. Ask the Lord what the significance of that might be?

READ READ LUKE 17:26-35

With the sudden passing of a loved one or a sports icon, it raised the question of how I might want to live my life moving forward. I thought of the need for change, or to be better in certain areas. But I came to the conclusion that all I needed to be was to be me, the best true version of me. And if there is one verse we ought to live by is "If you cling to your life, you will lose it, and if you let your life go, you will save it." (Luke 17:33) It made me realize that as much as we value life on earth, it is not invaluable and it shall pass. Live for God and love others, it is the true lasting treasure.

READ JOHN 8:1-20

Sometimes we'd rather point to someone's sin to show how "righteous" we are when we are blind to see how ignorant we can be ourselves. Jesus mentioned that the Pharisees would judge by "human standards." I love that our Lord always traveled the road of love and healing, not of condemnation.

READ JOHN 8:21-59

How will we know the truth and how does it set us free?

APPLICATION

Donate to help others in need

Go Deeper...

PONDER

Hope and joy and peace sound terrific! Two things are vital for this to be a part of our lives. First, we must trust God to meet our needs and get us to where we need to be. Second, we expect the power of the Holy Spirit to bless us and empower us with God's qualities.

PRAY

Great and Mighty God, bless me with greater trust that you are nearby and long to help. Bless and empower me to be the person you want me to be. Fill me with your Spirit so I may live my life more like Jesus lived his life here on earth. Through him I pray.

Amen.

PUT INTO ACTION

Choose one thing that you depend on yourself to do, then put that trust into God's hands instead. Write it down in your journal or tell a friend to hold you accountable to it!